

# Warning:

*Before You Spend Another Dollar On Any Video Tape That Teaches Martial Arts Or Fighting 'Techniques', You Need To See What This Russian 'Spetznaz' Special Forces Conditioning Coach Taught A Select Group Of Texas SWAT Team Members.*

You've got shelves and shelves crammed with 'technique' videos. Every TRS "Fighter-of-the-Month" program, 15 different versions of "I-used-to-be-a-Navy-SEAL", Gracie grappling tapes out the gazoo. On and on. Some of it's good, some of it's not so good.

But the truth is, none of it'll do you any good if you go up against someone half your size who knows only one of these techniques — if he's twice as strong and twice as fast as you.

That's why the best SWAT teams don't use any of that stuff. They bring this Russian guy in to specifically make them strong and fast — without making them any bigger!

Now, I don't know how long before they stop me but for the moment I've got the right to make this available. It's not the kind of stuff you're used to seeing advertised. For example, it's got a dull, boring name and comes in plain, vanilla packaging. Which is why you'd probably never even consider looking at it (and exactly what the professional SWAT team guys hope).

However it's anything but dull, boring and plain vanilla. Call my private voicemail right now at **1-800-547-5260** and I'll tell you more. The call's free, phone's on 24 hours, and since it's voicemail, no one's gonna hassle you. Call it now.