

# EXPOSED!

## World Kung Fu Champion And Combat Conditioning Expert Speaks Out And Reveals The Truth About That Combat Fighting System Trainer, Tim Larkin, Who Advertises In This Magazine All The Time.

**Y**eah, I read the ads in this magazine about Tim Larkin's *Target-Focus™ Training* system and WOW, you'd think he was offering the holy grail of fighting.

For example: You find yourself in an unavoidable violent confrontation—and he says size, physical condition and so on, don't matter. He says that whether you're fast or slow or uncoordinated, or as old as my dead grandmother, you can defend yourself—even brutally destroy—some street thug. And if that's not enough, you can learn this system in HOURS because it's not some martial art. Uh-huh!

My name is Matt Furey and I'm well known for being outspoken and controversial. I'm still the only American ever to win a world kung fu title in China and my book *Combat Conditioning* sells in over 75 countries worldwide. You can see my stuff at [www.mattfurey.com](http://www.mattfurey.com).

Truth is my success allows me time to search for and write about anyone who is the real deal—or the big-time phoney. I'm known for my "politically incorrect, kick butt-take names" style, so if you're a fraud or quack I let everyone know that, too.

Well, with my background I'm pretty confident if someone is stupid enough to grab me without a weapon. But what about a blade? Don't know about you but I don't like a knife pointed at me. So after reading Larkin's ad for at least the 20th time, I had to see if it was all he claimed or just another round of bull-shit. Same line, different character.

First thing I researched was his background; all that Military elite trainer stuff. Everybody and their damn dog claims to have "trained" the SEALs. It's the perfect pitch.

Success brings contacts and I'm able to find out stuff you probably can't. So I was surprised to find Larkin's background to be even MORE impressive than he leads on.

Fact is, Larkin was on his way to graduating near the top of his SEAL class when he blew his ears in a diving accident. That got him medically disenrolled but he was so damn good Admiral LeMoyné pulled him directly into Naval Special Warfare Command as a Junior Officer (LeMoyné is the guy who founded Naval Special Warfare Command in Coronado, CA, and was it's first commander in charge of all SEALs).

Larkin worked directly with senior SEAL Officers on mission specific spec op programs, the biggest of which was to develop a more effective hand-to-hand and hand-to-weapon combat training.

He was a driving force in completely rewriting the way the SEAL and Spec Op Community learned to fight and the system he helped institute ultimately became the Navy's "Combat Fighting Course" and the basis for his *TFT* system.

So he checked out there. But training SEALs isn't the same as training me. Figuring I would never know unless I at least looked at the program, I ordered the videotapes of Larkin's Las Vegas training. 13 tapes, a fat manual and some other stuff.

I've got tapes from all sorts of guys in this mag. My wife hates it because I've got 'em stacked everywhere. Most aren't worth a damn. In a real threat situation there's no way I'm gonna be doing the stuff they show. I think you know what I mean. I just want to know that if some asshole sticks a knife in my back, I'll know what to do.

Anyway, first couple tapes and it's obvious this material is very different from all the crap out there. And, the principles are just as Larkin describes—it's not about strength or size or speed or conditioning; and there's nothing to memorize. Larkin drills that point, saying, "It's about learning principles that work in any situation. You can't possibly memorize enough



**Matt Furey's success on and off the mat let's him call the shots -- regardless of what others think.**

techniques to handle every situation you might face."

But what I *really* wanted was the tapes dealing with weapons. When I found them I was in absolute awe. On these tapes Larkin and his instructors show the same movement first without weapons, then WITH them. And guess what—NOTHING changes! The movements are identical. Everyone else teaches "Do this for hand-to-hand and something entirely different if you're staring at the business end of a knife or gun."

That sold me—and I did something I never do—I signed up to attend someone else's bootcamp.

Jump to early summer, Dallas, Texas. Not where I'd like to be, especially since I knew some of the training would take place outdoors. But I'm there with 35 others.

Our group ranged from highly experienced martial artists to ordinary folks with no training at all. Even a couple of women, one a former FBI agent who was furious to find she learned more in the first hour than during her entire FBI training at Quantico, Virginia.

Before this training, I never thought an average person could learn to apply lethal techniques in a one-weekend training (every combination Larkin teaches ends with a lethal movement). Yet amazingly by the end of the 2½ days everyone knew how to take someone out with ease. Sure, some attendees had more athletic skills, but everyone was competent. If some creep came by and grabbed any one of us at the door on Sunday, he would have made a huge mistake.

Why is Larkin's training so effective? What's the secret? A couple things:

First, simplicity. The principles and movements involved are so easy anyone can do them—exactly as advertised. Yet because they're grounded in science not some ancient dogma or guru's theory they're devastatingly effective against any assailant—and work every time.

All our lives we've been taught anything truly great or different has to be difficult to learn. But this is a bias that is not true. The best things in life are often the easiest. Look, if you want to struggle for years learning the hard way—go ahead. But if you want to KNOW how over-complicated and flat-out worthless almost everything else is in comparison to Larkin's method—then you'll do what I did. You'll check him out.

Larkin's method is incredible because the techniques are literally programmed into your subconscious mind while you train. The benefit of this is you'll have instant recall when some criminal tries to take your life, or the life of your loved ones.

The other reason Larkin's method is so effective is this: The sole focus of the training is "life-or-death." Are you fighting for all the marbles or for your life? That is the question. Everyone but Larkin mixes sport with life-or-death, and this is a major mistake with disastrous results.

Can you learn Larkin's stuff? Hell yeah! I expected to come away a LITTLE more comfortable with weapons but instead wound up escalating my skills to an entirely new level. If I can do that with my skill level think of how much more you'll get if you just give it a try.

Before I got Larkin's videos and attended his training I'd heard about his stuff costing too much. Give me a break. Look at the alternative. What's it worth to know you can save your life or the life of someone you love in the face of a violent confrontation? Not only that, but if you can quickly learn to blow right through the typical martial artist who has paid for years of training—isn't that worth a bit more than a nickel and a swift kick in the ass?

Remember the saying, "If you think education is expensive, try ignorance." If you think learning this is expensive, ask someone who's been a victim of real violence; who has a dead relative; or someone who needed months to survive the horrors of a knife attack. Ask someone who once thought, "It'll never happen to me." But then it DID! Guess what they'll be telling you? Same thing I am. Shut up and get the program.

Larkin is giving you a proven system that you can learn literally over the weekend. A system you can use regardless of your size, strength, conditioning or speed. And one that's 100% guaranteed.

Money's not the issue. It's a fact Larkin doesn't offer much live training, and most is for private clients who pay him \$2,500.00 a day. That's why you need his videos. And while the set I initially bought is great I'd recommend his brand new series on Weapons Fighting. That's the part that I like most.

These are completely new and different videos, and Larkin holds nothing back—making them unlike anything you've ever seen before. There's not room to describe them here but he's personally written a report describing in detail what's included and whether or not they're right for you (they're definitely not for everyone—it's explained in the report). You can get your copy by picking up the phone and calling **877-355-1464**. There's a short recorded message and then you can leave your name and address so the report can be mailed to you.

Still wondering if this is legit? Listen, nobody tells me what to do. I march to my own drummer and I'm damn proud of it. And I'm not about to put my reputation in jeopardy for anyone.

One more thing: I haven't been paid a penny to write this. I'm the one who's spent his time and money on Larkin's training. His stuff so impressed me I wrote this as my way of saying thanks for taking my confidence and ability to face a criminal on the street to another level. And it's not just me. When you get the report, Larkin will include a long list of comments and stories from others who've benefited from his training, some from my own group in Dallas.

I've got the *TFT* principles and training. Now it's your turn. Do it. That's all I've got to say.

**Matt Furey  
Tampa, Florida**

P.S. Please don't call or send me a bunch of emails with questions about *TFT*. I'm far too busy to take calls directly anymore and only answer emails in my newsletter. I've told you what I know. Now it's up to you.